

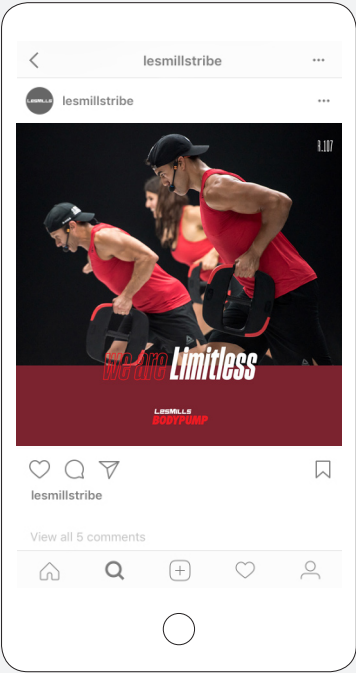
WE ARE LIMITLESS | AUGUST CAMPAIGN

DOWNLOAD THE LATEST ASSETS NOW!

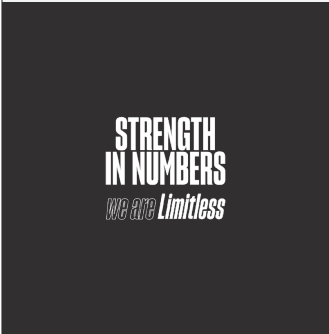
15x program  
specific generic customizable  
Instagram stories



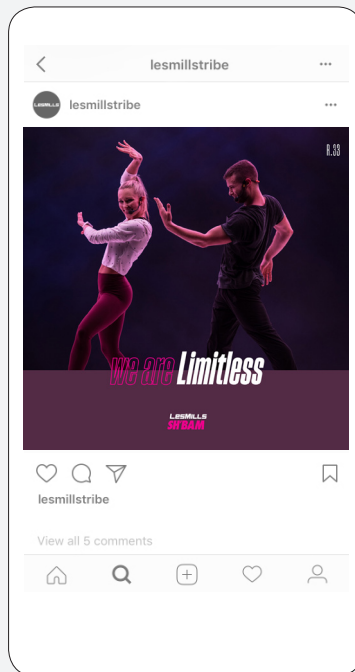
15x program  
specific social tiles



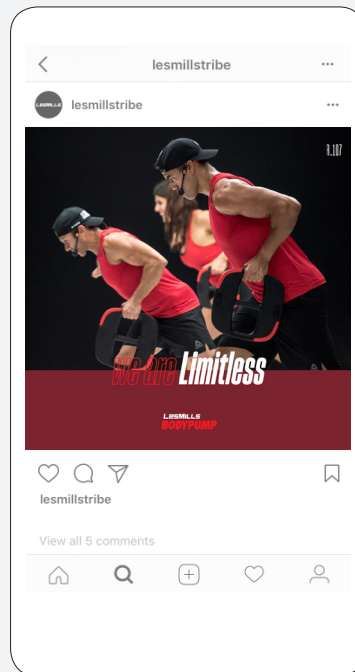
Lock-up filter



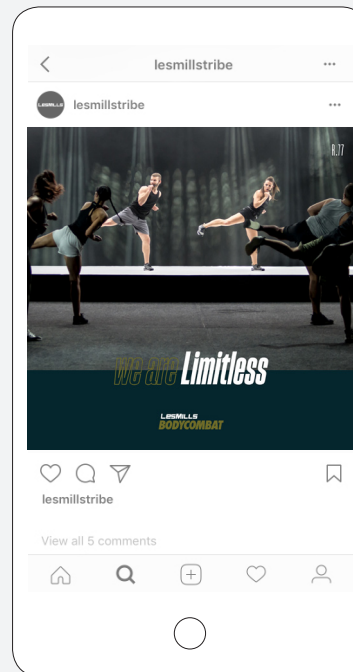
## PROGRAM SOCIAL TILES



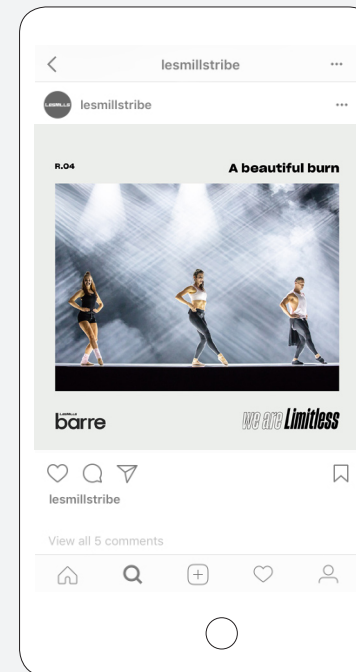
Just because you smashed it out of the park yesterday doesn't mean you take it easy today. Dig even deeper. We are limitless. Tag a friend who helps you feel #LIMITLESS



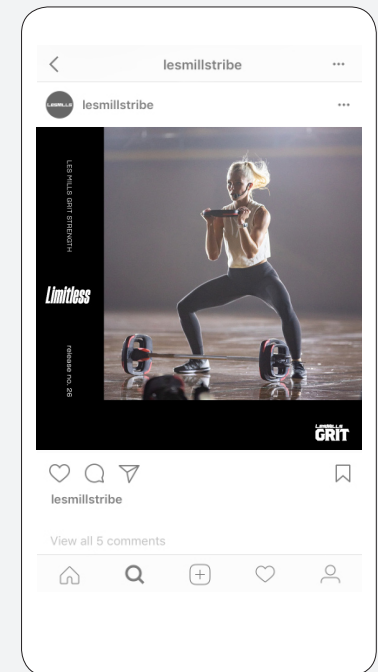
Nothing compares to Les Mills Group Training. The people, the music, the moves, the fun! Together we are #LIMITLESS



Yesterday you smashed your goals. Today is the day I help you redefine them. We are #LIMITLESS

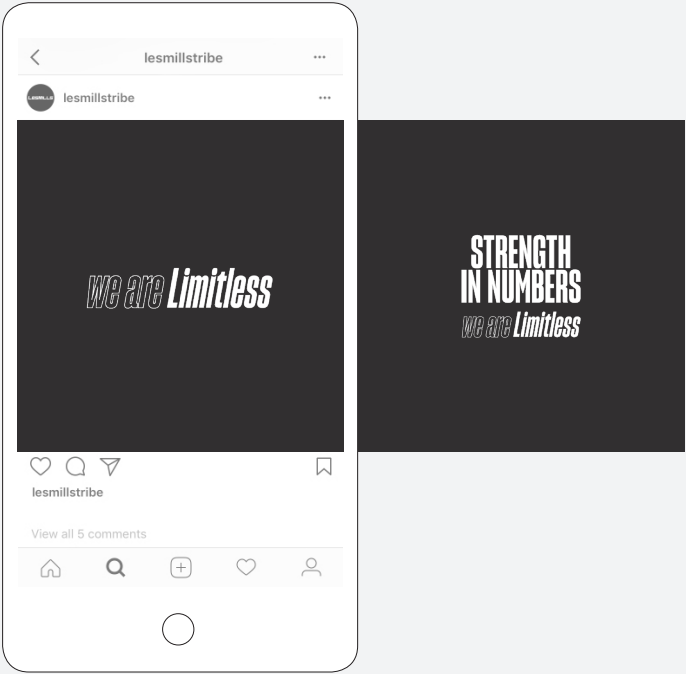


Talent can only take us so far. Teamwork can take us beyond our best. Together we are #LIMITLESS



Having a meh Monday? Then get yourself to a Les Mills class and let us do the rest. Together we are #LIMITLESS

LOCK-UP FILTER



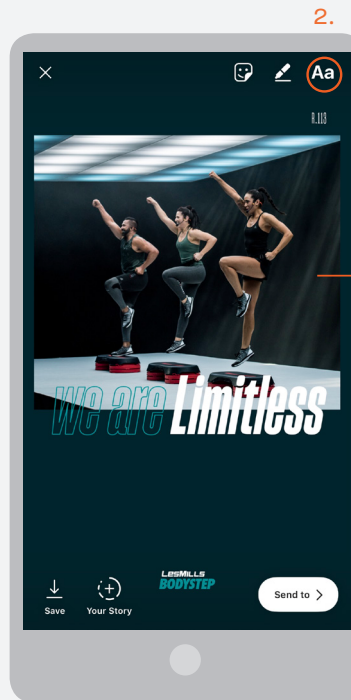
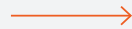
You can add these filters over you profile picture on Facebook and Instagram.

## HOW TO CUSTOMISE YOUR INSTAGRAM STORY POST



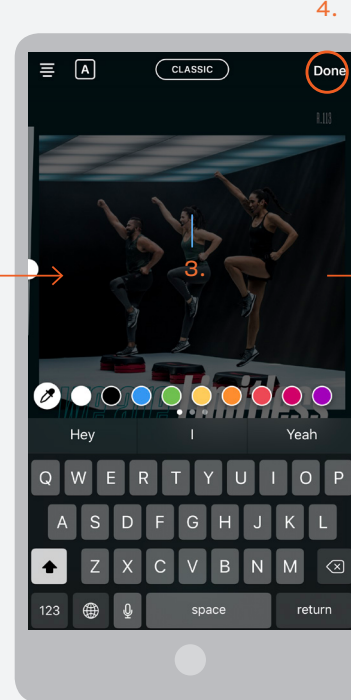
1.

1. Open image in your Instagram story from your camera roll



2.

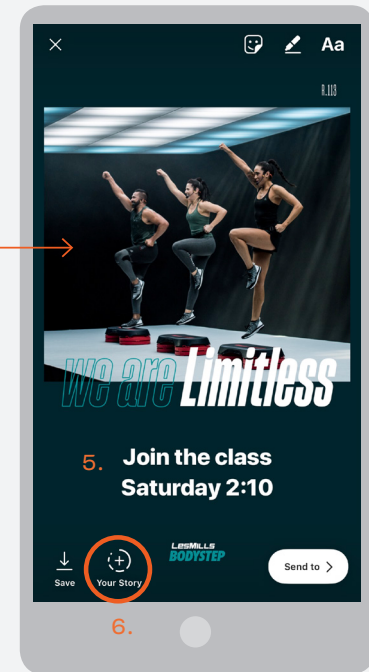
2. Add type with the type tool.



4.

3. Add the date of your new release launch class.

4. Click Done.



6.

5. Position the type.

6. Publish to your story